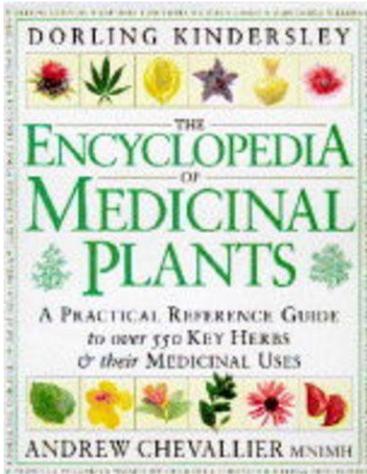


# [PDF] The Encyclopedia Of Medicinal Plants

Andrew Chevallier - pdf download free book

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**Books Details:**

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Author: Andrew Chevallier

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## Description:

**From Library Journal** An illustrated edition of Hoffmann's earlier *The New Holistic Herbal* (Element, 1992), *The Complete Illustrated Holistic Herbal* offers a listing of over 200 herbs and detailed sections on their use in treating ailments associated with each major body system (circulatory, respiratory, digestive, nervous, reproductive, glandular, and urinary) as well as the major organs such as skin, ears, nose, and throat. In addition, an introduction to holistic medicine, instructions for making preparations, and a glossary are included. Hoffmann's effort is devoted almost solely to herbs found in North America (although this is not stated anywhere), with little information on habitat, growth, and gathering and no cautions on usage. For this latter type of information, one needs to consult *The Encyclopedia of Medicinal Plants*, which

covers herbs from all over the world, giving their location and cultivation. The encyclopedia begins with a history of herbal medicine and the herbal traditions of different cultures. Following is a visual guide to 100 key herbs from around the world, with details of their habitat, actions, traditional and current uses, latest research, preparations, cautions about usage, and useful cross references to particular ailments. In addition, there are shorter descriptions of 450 other herbs, with their history, habitat, therapeutic properties, and medicinal uses. The final section covers growing, harvesting, and processing herbs; making remedies; dealing with common ailments; and a glossary. Both books are well indexed, profusely illustrated, and authored by established authorities in the field of herbal medicine. (Hoffman, incidentally, served as the American consultant for Chevallier's book.) The Encyclopedia of Medicinal Plants is a better choice as a reference manual, due to its comprehensiveness, habitat information, cautions, and cross references, while The Complete Illustrated Holistic Herbal is stronger on explaining the physiology and the role of herbs in general holistic health. Valerie Vaughan, Hatfield P.L., Mass.

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**From** This lavish book, with color illustrations on every page, focuses on the traditional and folkloric use of 550 plants and on their pharmacology. Chevallier has selected herbs that are commonly used and are considered to have particular health benefits. A small number are included because they are of historical interest. The presentation of "key" medicinal plants features 100 of the best known, including aloe, cayenne, cinnamon, lemon, clove, sage, and ginger, for example. The other 450 herbs include such familiar plants as oats, horseradish, tarragon, heather, and hemlock, and such exotic herbs as ylang-ylang, Iceland moss, and scurvy grass. Each of the 550 profiles includes details of the plant's history, cultivation, key constituents, therapeutic properties, and traditional and current uses. Herbal preparations for self-treatment are explained. *George Cohen* --This text refers to an out of print or unavailable edition of this title.

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MNS Medicinal Plant and Extracts report is a formatted version of a news and information bulletin prepared by the International Trade Centre to promote international trade in medicinal plants and botanical extracts. The revised version of the report includes substantially more information on the structure and function of the market. Great care should be taken when comparing prices of medicinal plants and extracts from differing origins as form structure and biochemical activity may differ considerably between very similar products. 2. Specifications: The selected specification sheets given are actual industry specifications or specified quality grades (e.g. PhEur-grade or USP-grade) commonly used by exporters and importers. The medicinal plants selected must meet two major criteria: (1) they must be in common use in at least two WHO Regions; and (2) there must be sufficient scientific data available to satisfy the requirements of the various sections in the monograph format. The recommended selection criteria discussed at the Third WHO Consultation on Selected Medicinal Plants (Ottawa, Canada, July 2001) were applied to the preparation of volume 4 of the WHO monographs. Preparation During the preparation of volume 4, more than 200 experts were involved in addition to members of WHO's Expert Advisory Panel on Traditional The encyclopedia begins with a history of herbal medicine and the herbal traditions of different cultures. Following is a visual guide to 100 key herbs from around the world, with details of their habitat, actions, traditional and current uses, latest research, preparations, cautions about usage, and useful cross references to particular ailments. In addition, there are shorter descriptions of 450 other herbs, with their history, habitat, therapeutic properties, and medicinal uses. A small number are included because they are of historical interest. The presentation of "key" medicinal plants features 100 of the best known, including aloe, cayenne, cinnamon, lemon, clove, sage, and ginger, for example. Demand for medicinal plants is increasing in both developing and developed countries, and surprisingly, the bulk of the material traded is still from wild harvested sources on forest lands and only a very small number of species are cultivated. The expanding trade in medicinal plants has serious implications on the survival of several plant species, with many under serious threat to become extinct. This volume brings together a most useful collection of papers by some experts in medicinal plants. Indian medicinal plants or Ayurvedic medicinal Plants are the essence of Ayurveda and Ayurvedic treatments. When used judiciously and clocking with the basic principles they produce miraculous effects. Their role cannot be confined to mere curative of disease but they also used being of human body. Hence, Ayurvedic drugs are rightly called the elixirs of life. I want Indian Medicine to become more popular in entire world, keeping that purpose in mind, i am introducing an encyclopedia of CD Rom and web site. So that you will get deep, most accurate and useful information about medicinal plants using in Ayurveda. Medicinal Herbs shows good result on disease cure. Ayurveda is the medical / Health care system in India, which uses this as treatment base, with 'theoretical principles'.