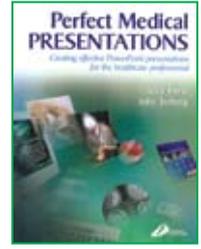


event make this chapter particularly relevant. As you might expect, it doesn't include the recommendations of the Taylor report which give specific guidelines on care of spectators in the UK. In contrast, the chapter on anaemia and other haematological issues includes a section addressing the widespread abuse of erythropoietin happily skips over any of the well documented US blood doping scandals. A rather naive section on coping with lightning strikes undermines the book's credibility. "Avoid sports performance in thunderstorms... educated on how to calculate the storms distance..., do not take refuge under a lone tree... do not take a bath or shower during electrical storms".

Exercise prescription, infectious diseases, dermatology and useful case reports reflect the particular focus on primary care and the photographs, illustrations and radiographs are very helpful. But time has moved on. Most GPs now have desktop computers in the consulting room with online textbooks and web access. A traditional textbook is more likely to gather dust on the shelf than be used in the consultation. Future text books will be electronic compendiums of the latest research findings, portfolios of self direct learning, and constantly updated from the web. The hand held and pocket PC is the textbook of the future. This is a traditional textbook: yesterday's news using last years medium.

DOMHNALL MacAULEY

Perfect Medical Presentations: Terry Irwin, Julie Terberg. Churchill Livingstone 2004 (244pp). ISBN 0-44307485-2. £19.99.



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JAMES PATTERSON

Domhnall MacAuley Visiting Professor, Faculty of Life and Health Science, University of Ulster, Ireland; Specialist in Sport and Exercise Medicine; Assistant Editor BMJ Thomas Best Professor and Pomerene Chair in Family Medicine, Chief, Division of Sports Medicine, The Ohio State University, Columbus, Ohio, USA. Domhnall Ciaran MacAuley, Irish sport and exercise medicine specialist, educator. Achievements include research in sport and exercise medicine. Fellow Royal College General Practitioners (London), Royal College Physicians Dublin (Faculty Public Health Medicine). MacAuley, Domhnall Ciaran was born on May 4, 1957 in Belfast, Northern Ireland. Education. Doctor of Medicine, University College Dublin, Ireland, 1980. Domhnall MacAuley is the Primary Care editor for the British Medical Journal. So when he says “Although they are trendy money spinners, best evidence shows little effectiveness” An attention grabbing subheading to an editorial by Nic Maffulli in the BMJ commenting on an intriguing randomised controlled trial (RCT) from New Zealand on the use of autologous blood injections in treating Achilles tendinopathy, it